

Cleaning Process Chart

Post and follow these directions for cleaning, sanitizing and disinfecting. Refer to the *Cleaning, Sanitizing and Disinfecting Checklist* for daily, weekly and as-needed cleaning schedule.

Step 1	Wash – use warm soapy water
Step 2	Rinse – spray or wipe with water
Step 3	Wipe – wipe off excess water

Part Day Programs

- Use the chlorine-check test strips provided by PSESD to test each solution at time of preparation.
- *Mix fresh disinfecting and sanitizing solutions at least weekly.

Cleaning	Sanitizing	Disinfecting	Solution for blood or body fluids
What to clean	Surfaces and items that come in contact with food and the mouth: food prep and eating areas; surfaces and items; appliances; tableware; cooking utensils; toys; drinking fountains; linens; rags; toothbrush holders; phone receiver; dishwasher; door knobs	All non-food contact surfaces: bathrooms, diaper changing areas, sinks, floors, walls, chairs, toothbrush holders	Any surface that comes in contact with blood or body fluids
Bleach solution Must be 8.25% chlorine	*¼ teaspoon OR 1.25ml bleach mixed with 1 quart (4 cups) of cool water Prepare in 1 quart spray bottles	*1 ½ teaspoons OR 7 ½ ml bleach mixed with 1 quart (4 cups) of cool water Prepare in 1 quart spray bottles	1.5 cups bleach mixed with 1 gallon of cool water Discard when done.
Test strip reading	Match the strip to the 50 – 200 ppm color box on the back of the bottle	Match the strip to the 800 ppm color box on the back of the bottle	No test strips to test this solution
Contact time	2 minutes	At least 2 minutes	2 minutes
Application	Wipe or spray on	Wipe or spray on	Wipe on with disposable towel
Rinse	No	Plain water	Plain water
Dry	Let air dry	Let air dry	Let air dry
Gloves	Yes, if practical	Yes	Yes

*Licensed Child Care must prepare bleach solutions daily. Solutions may also be tested using the Chlorine-Check test-strips. Make adjustments as needed.

The Sanitizing and Disinfecting Solution concentrations are adopted from the Washington State Department of Health, [DOH-970-216 January, 2015](#)