

Toileting Procedure

Purpose

This document explains how to talk to families about toileting and how to help children follow correct toileting procedures in the classroom.

Guidance

Consider these things when talking to families about toileting

- Ask families how they are helping their child learn to use the toilet at home.
- Share how to help a child learn to use the toilet and help families have realistic expectations.
- Discuss the following signs that indicate the child is ready:
 - staying dry for long periods of time
 - wanting to sit on the toilet with their clothes on
 - telling you they have urinated or had a bowel movement or are going to (though usually too late to get them to the bathroom in time)
 - being able to remove their clothing by themselves or with a little help
 - being able to push when having a bowel movement
 - saying they want to use the toilet and talking about their “pee” and “poop” or whatever words they have learned at home

Procedure

1. Make sure to separate toilets from the children’s activity area.
2. Take children to the toilet and help with hand washing after each toileting. You must wash your own hands after helping each child.
3. Adapt the toilet for children as needed. A clean, non-slip plastic step, and a toilet seat adapter with a washable surface may be used.
4. Clean and disinfect toilets, bathroom sinks and other bathroom surfaces daily.
5. Sweep and mop bathroom floors daily.