

# Diaper Rash/Candidiasis Guidance

## Purpose

This document provides information about the conditions that cause diaper rash.

## Guidance

Candidiasis is an infection caused by Candida, a yeast-like fungus. Candidiasis usually affects soft, moist areas around body openings. Certain conditions such as antibiotic use or excessive moisture may cause the overgrowth of Candida. In healthy babies, the most common form of candidiasis is a diaper rash. Skin in the diaper area becomes red and tender, especially inside skin folds and creases.

Child care providers should follow good hygiene when diapering. Wet diapers spread candidiasis, so children should be thoroughly cleaned and dried before fresh diapers are applied.

We recommend site teams not exclude children from class based on a diaper rash.

Families should seek the advice of their health care provider if a child has had a beefy, red, raised rash for 3 days, or when skin is broken.