



Diaper Changing Procedure

Purpose

This document explains the required technique for diaper changing in the classroom.

Procedure

These are the steps for diaper changing

1. The *How to Change a Diaper* poster must be posted at each diaper changing area.
2. The diaper changing area must be:
 - a. washable
 - b. cleaned and disinfected between each use
 - c. separate from food preparation areas
 - d. next to a hand washing sink (Diapering/Hand washing sink must not be the same sink used for preparing food [WAC 388-150-270 and 388-155-270])
3. Before diapering, gather all items needed.

Never leave a child unattended on the changing table

4. Wash hands using soap and water and then put on non-porous, latex-free disposable gloves.
5. After removing the wet or soiled diaper, clean the child's bottom with wet wipes.
6. Only use disposable towels or laundered, reusable towels for cleaning the child.
7. Place disposable diapers, gloves, and wipes in a covered, plastic-lined container that is located close to the diapering area. Do not empty stool into the toilet or rinse the diaper out.
8. Place cloth diapers that belong to the child in a plastic bag. Seal and label it with the child's name. Send it home with the child.
9. Put on new gloves if applying ointment. Throw away gloves when finished.
10. Wash your hands with soap and water or use a wet wipe.
11. Diaper and dress the child.
12. Help the child wash their hands with soap and water after the diaper change. Then place the child down in a safe place.
13. Wash and disinfect the changing table after every diaper change.
14. Wash your hands with soap and warm running water. Turn off the faucet with a paper towel.

Resources

How to Change a Diaper poster

<http://here.doh.wa.gov/materials/how-to-change-a-diaper>