

# Diabetes Management in The Classroom

## Procedure

A child with diabetes has specific health and nutritional needs. A team approach is necessary to make sure there is a safe environment for the child. A plan is always in place to make sure that the child with diabetes can attend preschool. The plan should include and address the following:

- Diabetes Care Plan from the child's Health Care Provider
- Blood sugar measurements
- Insulin dosage and administration
- High blood sugar management
- Low blood sugar management
- Medications and equipment
- Recording of glucose monitor readings and insulin doses
- Menu revisions
- Counting Carbohydrates
- Staff Training with a Diabetes Educator to include all staff working with the child or preparing food for the child
- Disaster plan procedures – emergency kit supplies

Follow the steps below:

1. Notify your Health/Nutrition/Safety Coach after learning that a diabetic child will be enrolled in your program.
2. Parent Designated Adults will attend the training with a Diabetic Educator and attend Staffings.
3. Training with a Diabetes Educator will be scheduled.
4. A Staffing will then be scheduled to include parents, family support staff, food service staff, classroom staff, the Health/Nutrition/Safety Coach, and the ECEAP Nurse Consultant or school district nurse.

All staff responsible for the child must attend the training. The child will not be able to attend class until all training is done and paperwork completed.

**Health Information Line: Fax info to 888-979-5897 or Scan/Email to [health@psed.org](mailto:health@psed.org)**