

Curriculum Planning Procedure - EHS Center-Based and Family Child Care

Purpose

This helps Early Head Start center based and family child care teaching staff understand the curriculum planning elements, including required curriculum activities.

Procedure

The chart below lets you see at a glance what must be included in your curriculum and how often.

Weekly lesson plans are developed and documented in the “Weekly Planning Form” as follows:		
Required Curriculum	Frequency	Plan and Document
Creative Curriculum for Infants, Toddlers and Twos OR Creative Curriculum for Family Child Care	Daily Plan Uploaded Weekly by Friday of the week before children are in class	<ul style="list-style-type: none"> Create a weekly curriculum plan and document it online in <i>MyTeaching Strategies</i> GOLD. The “Weekly Planning Form” within MTS GOLD is the default planning form. Each site may upload an alternate planning form into MTS GOLD provided it contains all of the elements found in the MTS GOLD “Weekly Planning Form” and is approved by your Education Coach. An entire site must use the same alternate planning form, if approved. The “Weekly Planning Form” includes planning for the supports, interests and care of each individual child.
Cavity Free Kids	Incorporated into daily care routines Planned experiences for twos to develop the concepts of Oral Health Care 5 X over the year.	<ul style="list-style-type: none"> Each Basic of Oral Health should be supported by the program practices (water available, tooth healthy foods served, etc.), care routines and/or planned experiences that model and promote oral health. Family engagement with the information is critical for 0-3 children and should be linked to classroom care routines and planned experiences.
Healthy Habits 5-2-1-0	Incorporated into daily care routines Planned experiences for twos for developing the concept of healthy habits 4 X over the year.	<ul style="list-style-type: none"> Each element of 5-2-1-0 should be supported by the program practices, care routines and/or planned experiences that model and promote oral health. Family engagement with the information is critical for 0-3 children and should be linked to classroom care routines and experiences.

Weekly lesson plans are developed and documented in the “Weekly Planning Form” as follows:		
Additional Required Curricular Content	These lessons or activities must be clearly documented on the <i>Weekly Planning Form</i> .	
Health Lessons and Activities	1 x month or more	<ul style="list-style-type: none"> • Health activities must be planned and presented in addition to daily health practices such as hand washing and tooth brushing. • Use Cavity Free Kids and Healthy Habits as a resource for basics of oral health care, exercise, creative activities other than screen time and drinking water and milk for health.
Nutrition	1 x month or more	<ul style="list-style-type: none"> • Nutrition activities must be planned based on healthy food choices. • Activities based on <i>Healthy Habits 5-2-1-0</i> can fulfill this requirement during the course of the school year. • Activities from Cavity Free Kids on Tooth Healthy Foods also can fulfill parts of this requirement • Additional resources are available for planning classroom Health activities on the Health and Nutrition Resources HUB