

# Restraint Documentation Log – Repeated Incidents

## Purpose

The following log is used to document repeated use of limited restraint by an adult for safety reasons when there is a [Behavior Support Plan](#) in place that details how limited restraint will be used in cases of safety. This log must be attached to the plan and used to record the individual incidents of limited restraint. Be sure to document any significant details of each incident if they differ from what is described in the [Behavior Support Plan](#).

## Procedure

- Complete and date each restraint incident. Write details in a clear, objective manner. Sign or initial each entry. Document communication with parents/guardians as detailed in the Behavior Support Plan.
- Keep your Disability or Mental Health Consultant up to date.
- Copies of the form must be kept in the child’s confidential file. **All restraint documentation must be kept for three years after the child exits preschool.**

Childs Name _____
Site/Center _____ Classroom _____
Behavior/Situation _____ _____ _____
Safety plan/how limited restraint will be used appropriately _____ _____ _____
How family will be notified _____ _____

Date	Description