

Welcome to Policy Council!

1. Pick up the handouts from the tables in the back of the room
2. Complete your **Parent Leadership Reimbursement Form** and the **forms in the front pocket of your binder** and turn them in to the Inbox in the back of the room

June 19, 2018

www.earlylearningwa.org > Governance > Policy Council



4H Activity:

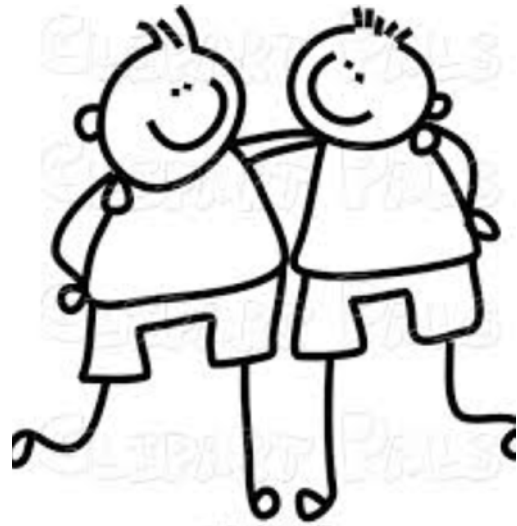
High Five



Hello



Hug



Handshake



Review Today's Agenda:

- Welcome, Introductions, Housekeeping
- Policy Council Business
- Liaison and Committee Report-backs
- NHSA Report-backs
- Continuation Grant Applications
- Mileage FAQs
- Parenting Curriculum
- Trauma and Mental Wellness Presentation



REMINDERS

- Complete Parent Leadership Reimbursement Forms:** Forms must be turned in to INBOX at back of room by 11 a.m. to receive check today
- Smoking area:** Behind building near the dumpster or on the sidewalk by the road. No smoking on PSESD property
- Cell Phones:** Put on silent or vibrate. Please refrain from texting/playing on phone during the meeting

- ~~5/22/2018~~ - Watch complete “Race: The Power of an Illusion” video
- **6/27/2018** - Courageous conversations with adults, talking about race and the opportunity gap
- **7/20/2018** - Talking with children about race and the opportunity gap, building resiliency in children

Sign-up paper on wall 

Race Equity Deep Dives

Policy Council Business

HOW TO VOTE

- ❑ Only parent representatives can vote
- ❑ Each option on the screen is an option on the clicker (match by the number)
ex: answer 1 = button 1
- ❑ Vote every time a vote is called for
- ❑ Only one vote per clicker is counted



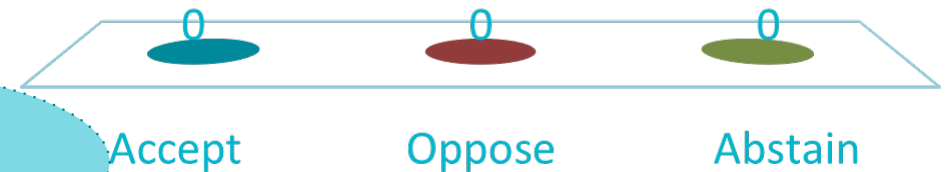
TREASURER'S REPORT

(GREEN HANDOUT)

Treasurer's Report

- ❑ I, **name**, motion that the April Treasurer's Report has been presented, reviewed, and that all questions were answered.

- ❑ I, **name**, second the motion.
 1. Accept
 2. Oppose
 3. Abstain



MEETING MINUTES

(GOLD HANDOUT)

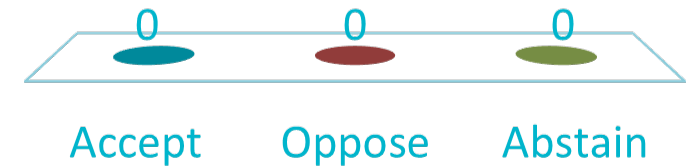
Meeting Minutes

- I, **name**, motion that the May meeting minutes have been presented, reviewed, and that all questions were answered.
- I, **name**, second the motion.

1. Accept

2. Oppose

3. Abstain



Liaison & Committee Report-Backs

Center Directors Meeting (Members-at-Large)
PSESD Board of Directors Meeting (Vice Co-Chairs)
ERSEA Committee
WSA Parent Ambassadors

Who else has something to
share with the group?

Program Reports

FISCAL REPORTS

(BLUE HANDOUT)

BUDGET AND PROCUREMENT CARD REPORT 2017/18

Grant Name	Budget Spent	Procurement Card Charges (for April)	Program-Year Grant Period			Number of Slots	Grant Amount
			Program Year	Total # of Months	# of months passed ÷ total months		
Head Start 412	45%					1,344	\$15,379,653
Early Head Start 412	46%	\$6,897.07	November 1, 2017 to October 31, 2018	12	50%	201	\$3,161,769
Early Head Start Childcare Partnership 007	62%	\$357.06	September 1, 2017 to August 31, 2018	12	66%	160	\$2,960,367
Head Start Expansion 187	58%	\$203.38	November 1, 2017 to June 30, 2018	8	75%	187	\$1,000,396
ECEAP	68%	\$2,640.82	July 1, 2017 to June 30, 2018	12	83%	3,038	\$26,475,619

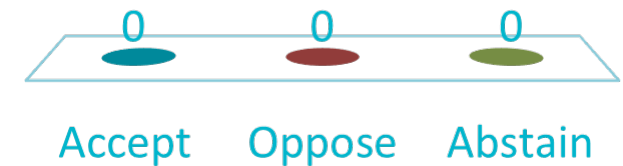
- Leadership Team reviewed the full reports on 6/5/18
- Full reports will be available on the Policy Council website following this meeting

Fiscal Summary

- ❑ I, **name**, motion that the May Fiscal Summary, which reflects the:
 - April Budget and Procurement Card ReportsHas been presented, reviewed, and that all questions were answered.

- ❑ I, **name**, second the motion.

1. Accept



PERSONNEL ACTIONS

(PINK HANDOUT)

Parent Involvement in the Early Learning Hiring Process

Staff Process for Hiring

Parent Role in Hiring

Application Period

Step 1. Position Opens

Step 2. Position is advertised widely

Step 3. Applicants are screened for qualifications

Step 4. Applicants are interviewed

Step 5. Applicant is hired; hiring packet is sent to PSESD

Step 4. Parent participate the interview process.

Policy Council Review

Step 6. Executive Board reviews hiring documentation, sends recommendations for Policy Council vote

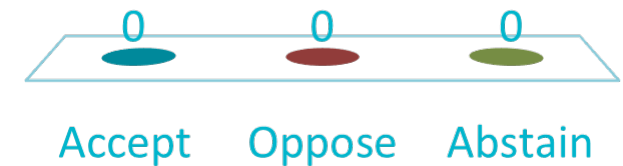
Step 7. Policy Council votes to approve new hires based on the recommendation of the Executive Board

Step 8. Policy Council submits recommendation of new hires to the Governing Body (PSESD Board of Directors)

Personnel Actions

- ❑ I, **name**, motion that the June Personnel Actions have been presented, reviewed, and that all questions were answered.
- ❑ I, **name**, second the motion.

1. Accept



NHSA Report-backs

Leadership Team



45TH ANNUAL NHSA CONFERENCE RECAP

Parent Leadership Reimbursement: Mileage FAQs

Leadership Team

MILEAGE REIMBURSEMENT FAQS

- We **do not** reimburse the use of Uber, Lyft or Taxi but provide mileage reimbursement to support the cost incurred.
- We **do** provide mileage reimbursement to any parent who drives their own car or pays someone to drive them like Uber, Lyft, Taxi etc.
- We **do** provide mileage reimbursement to parents who carpool, however, we **only** reimburse the driver not every parent who carpooled. i.e. If you carpooled but are NOT the driver, you cannot claim mileage.
- We **do not** provide mileage reimbursement for riding a bicycle.
- Motorcycle drivers will be reimbursed at the rate of .515/mile
- If your center staff drives you, **you cannot** claim mileage.
- If you indicate that you took a bus, toll bridge, or ferry – please be prepared to provide a receipt.
- We only provide taxi support to ***EHS Homebased*** families as part of the grant we receive from OHS for EHS Homebased and must be approved and ordered by PSESD Staff
- Taxi support to EHS-CCP may be provided on a short term or emergent basis for EHS-CCP families as part of the grant we receive from OHS for EHS-CCP and must be approved and ordered by PSESD Staff

Reminder Please **do not** use white out on the reimbursement form. If you make a mistake, cross it out and initial it.

Policy Institute


Next Policy Council Meeting: July 17

POLICY INSTITUTE FOUNDATION: RACE EQUITY LENS

Which communities does this policy impact?
Internal, external, both?



How does this policy increase opportunity
and/or access to those who have historically
been excluded?



How will the goal and purpose of the policy be
adjusted to keep pace with the changing
community needs and racial demographics.

What additional information can be added to strengthen the policy?

Ready Rosie

Natalia Juarez & Leadership Team

Ready Rosie



Curriculum Includes

- Highly Interactive Family Workshops
- Family Home Learning Video Practice
- Ongoing Professional Development

Two-fold approach

- deepens the learning experience
- builds capacity
- inspires an ongoing commitment to family learning

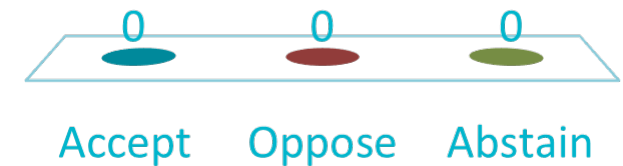
Ready Rosie Parenting Curriculum

- ❑ I, **name**, motion to approve the Ready Rosie Parenting Curriculum as presented and that all questions were answered.

- ❑ I, **name**, second the motion.
 1. Accept
 2. Oppose
 3. Abstain

Response
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Answer
Now



HEAD START CONTINUATION GRANTS

POLICY COUNCIL/GOVERNING BODY

JUNE 2018

WHAT IS A CONTINUATION GRANT APPLICATION?

The process used to apply and be approved for continued funding of current Head Start/Early Head Start services. This is a Federal requirement and the intention is to update the Office of Head Start regarding our program.

Grant 412

- Fiscal Year: November 1, 2017 – October 31, 2018
- \$18 million
- Serves HS 1384 and 201 EHS children and families

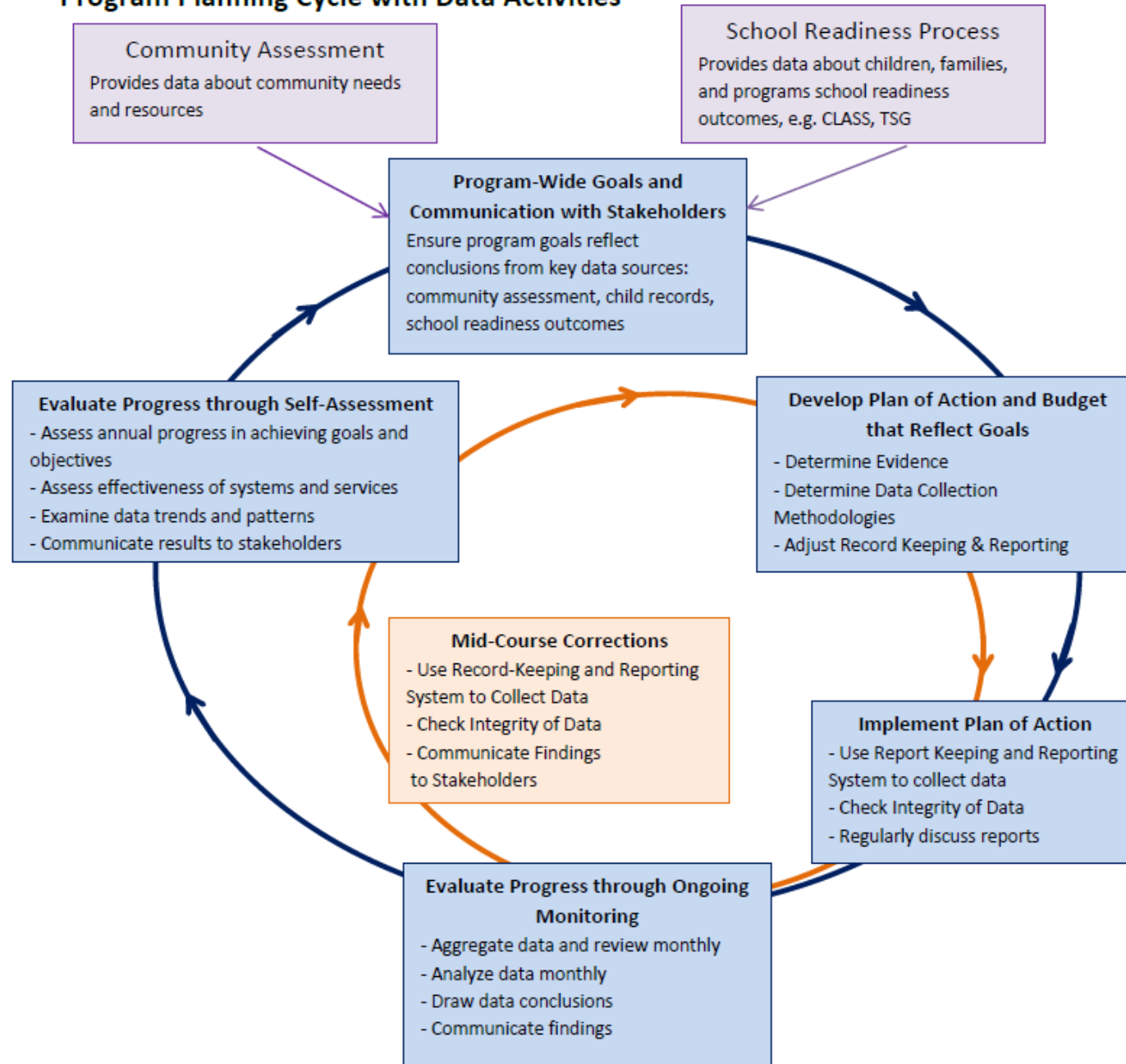
Grant 187

- Fiscal year: November 1, 2017 – October 31, 2018
- \$2 million
- Serves 187 HS children families

Head Start and Early Head Start 5-Year Grant Cycle

- Focus on program and school readiness goals
- Progress on indicators and outcomes
- What's new or different about systems and services
- Self assessment findings and improvement plan
- Training and technical assistance plan to address self assessment improvement plan

Program Planning Cycle with Data Activities



WHAT ARE THE HIGHLIGHTS OF OUR 412 AND 187 CONTINUATION APPLICATIONS?

Head Start & Early Head Start Center Base:

- Implementing and training on Creative Curriculum program wide
- Continued use of child assessment & CLASS data to inform professional development and coaching

Head Start and Early Head Start

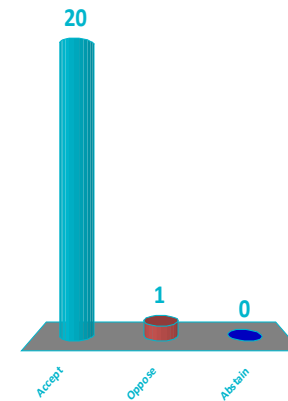
- Use of Coaches and Consultants – the new program design
- Parent Engagement and Parenting Curriculum
- Opportunities for Children with Disabilities who may be over-income
- Use of ASQ-SE
- Dual Language Coaches

Early Head Start Home Base:

- Parents as Teacher Curriculum

Head Start Continuation Grants 412 and 187

- ❑ I, **name**, motion that the continuation grants for 412 and 187 have been presented, reviewed, and that all questions were answered.
- ❑ I, **name**, second the motion.
 1. Accept
 2. Oppose
 3. Abstain



Lunch

Please come see Quincy at the podium:

Leah Bowen

Marlene Winetrout

Yuliana Chaparro

Cinia Pajares

John Cottrell

Please return by 12:40

MINDFULNESS AND SELF-CARE

Alex Clifthorne, Senior Coordinator, Mental Health

Kristin Wells, Senior Coordinator, Mental Health

WHAT IS MINDFULNESS?

- “Paying attention in a particular way: on purpose, in the present moment, and non-judgmentally” (Kabat Zinn)
- Doing the things we usually do, like observing, interacting, eating, walking, sitting, but with more awareness
- Focusing on one thing at a time either internally or externally

MINDFULNESS IS...

- NOT a religious practice
- NOT a set lesson or curriculum
- NOT only about relaxation but also about actively engaging the body
- NOT about only positive thinking but also impacts executive function and other high-level brain capacities

MINDFULNESS AND TRAUMA

- Know yourself
- Never force something that feels uncomfortable

WHAT THE RESEARCH SHOWS...

- In ADULTS:
 - It is used as effective intervention to :
 - Reduce blood pressure
 - Manage pain
 - Decrease stress and anxiety
 - Increase impulse control

WHAT THE RESEARCH SHOWS...

- In CHILDREN:
 - Reduced behavior
 - Reduced aggression
 - Reduced impact of toxic stress

CHILDREN WHO PRACTICE MINDFULNESS HAVE...

- Increased executive function skills including:
 - Focused attention
- Increased self-regulation
 - Impulse control
 - Persistence

LET'S GIVE IT A TRY!



ACTIVITIES

- Smell the flower, Blow out the Candle
- Belly Breathing with a stuffed animal or a bean bag
- Hershey Kiss
- Mindful Walk
- Verbalize your calm down process
- Glitter Bottles

RESOURCES

- Apps for your phone
 - Calm
 - Headspace
 - Intimind (Spanish)
- Yoga Cards
 - Doyogawithme.com
- You Tube
- Dendrite Dance
- Sensory Items (Fidgets/Heavy Work)

A RADICAL ACT OF KINDNESS



ADJOURN

Next Policy Council Meeting:

- July 17, 2018
- 10:00 AM – 2:00 PM
- Puget Sound ESD

