

Exposure Notice to Families - Cytomegalovirus (CMV)



Dear Parent or Guardian,

Your child may have been exposed to cytomegalovirus (CMV) while at the Head Start/ECEAP center. Cytomegalovirus (CMV) is a viral infection common in children.

What are the symptoms of CMV?

Generally no symptoms in young children. Some people may experience fever, sore throat, tiredness, and swollen glands. Sometimes liver and spleen may become enlarged. People who have been infected with CMV develop lifelong antibodies to the virus; that is, they usually don't get it more than once.

How is it spread?

Person to person contact with blood, saliva, urine and other secretions from infected children. Mother to infant before during and after birth.

When do symptoms start?

Incubation unknown.

If you are pregnant, discuss CMV with your health care provider.

Need to keep child home?

No, as long as s/he does not have any other symptoms that would require exclusion such as fever.

If your child presents with these symptoms please notify you Head Start/ECEAP classroom. Please notify health care provider with any concerns.

Staff: _____ Phone: _____

Center: _____