

# Exposure Notice to Families - Strep Throat

Dear Family:

Your child may have been exposed to **strep throat** at the Head Start/ECEAP Center. Strep Throat is a severe sore throat caused by streptococcus bacteria.

**What are the symptoms?** Sore throat. It may be accompanied by fever, upset stomach, headache, or other symptoms of illness. Call your doctor for diagnosis and treatment if any of these occur.

**How is it spread?** Through direct contact with mucous from the nose or throat of an infected person.

**When do symptoms start?** 2-5 days after exposure.

**Need to keep child home?** Yes. Child may return to school after 24 hours of antibiotic treatment and a note from the Medical Provider. Be sure to complete the course of antibiotics, otherwise all of the bacteria may not be killed and the strep throat may return.

Please notify the Head Start/ECEAP Center if your child is diagnosed as having strep throat.

Staff \_\_\_\_\_ Phone \_\_\_\_\_

Center \_\_\_\_\_