

Exposure Notice to Families - Fifth Disease (Erythema Infectiosum)

Dear Family:

Your child may have been exposed to Fifth Disease at the Head Start/ECEAP center. A mild rash illness caused by a virus. It usually occurs in late winter or early spring, sometimes in clusters or outbreaks.

What are the symptoms? Fever, headache, sore throat, chills. A week later the appearance of a red rash on the face that looks like slapped cheeks. Sometimes the rash will appear on arms and legs. The rash may fade then reappear.

How is it spread? Through direct contact with discharge from nose or throat of infected person. By the time the rash appears the person is no longer contagious.

When do symptoms start? 1-2 weeks after exposure.

Need to keep child home? No, unless unable to participate in activities.

If your child presents with these symptoms please notify you Head Start/ECEAP classroom. Please notify health care provider with any concerns.

Staff _____ Phone _____

Center _____