

Exposure Notice to Families - Cold Sores/Fever Blisters



Dear Family:

Your child has been exposed to cold sores. This infection is caused by a virus and is common in children and adults. This is caused by Herpes Simplex Virus. This is not the same virus that causes genital herpes.

What are the symptoms? They begin as blisters with clear fluid and then crust over. They may be accompanied by fever, irritability and tender and swollen lymph nodes. Sometimes there are no symptoms and they develop over time.

How is it spread? It's spread by direct contact with the lesions or saliva of an infected person.

When do symptoms start? Sores can appear 2 days to 2 weeks after exposure.

Need to keep child home? Yes, until sores have scabbed over or are able to be covered.

If your child shows any signs of cold sores please inform your health care provider and let them know your child was exposed. Please inform your Early Learning Center if your child is diagnosed with cold sores.

Staff: _____ Phone: _____

Center: _____