

Exposure Notice to Families - Chicken Pox



Dear Family:

Your child may have been exposed to chicken pox at the Head Start/ECEAP Center. A contagious viral illness with a rash.

What are the symptoms? Fever, irritability and an itchy rash that blisters. It appears first on the body then to face. A dark scab forms a day or two after the blisters open.

How is it spread? Easily. Discharge from the nose and throat and the skin blisters from an infected person.

When do symptoms start? 2-3 weeks after exposure to the virus.

Need to keep child home? Yes, until **all** the spots have scabs on them (usually 7 days) and the fever is gone.

Aspirin should be avoided - use a non-aspirin medication such as Tylenol.

Please inform your health care provider and notify your child's Head Start/ECEAP center if he/she presents with these symptoms.

If you or someone else who is close to your child is pregnant, that person's doctor should be called also.

Staff _____ Phone _____

Center _____