



Health Services Advisory Committee (HSAC) Meeting

May 9, 2017 Puget Sound ESD, Renton

Community Agency Guests

Annie Hetzel, Nurse Manager, School Nurse Corps
Becky Durant, Registered Nurse, Tacoma Community College
Elise Tanner, Registered Dental Hygienist, The Tooth Fairies
Jessica de Barros, Exec. Dir. of Government Public Relations, PSESD
Josh Krebsbach, Community Impact Specialist, CHC
Krystina Cummins, Policy Council Representative
Laura Widdice, Health Services Director, Renton School District
Matthew Green, Senior Policy Consultant, Dept. of Health
Marlene Winetrou, Policy Council Representative
Dr. Rebeca Shwartz, Pediatrician, Renton Pediatric Associates
SHEREESE RHODES, Policy Council Representative
Dr. Stuart Shorr, Pediatrician, Renton Pediatric Associates
Victor Colman, Director, Childhood Obesity Prevention Coalition
Wendy Cone Dore, Outreach & Marketing Manager, UW Center for Pediatric Dentistry

Puget Sound ESD Early Learning Staff

Alexandra Auguste-Lewis Anne O’Galleher
Ashley Veal Caitlin Young
Cheryl Polasek Denyse Guthrie
Janice Heck Joanne Tran
Kristi Walters Leticia Salcido
Linda Johnson Marie Savage-Hopfauf
Mary Eddy Nasteha Muse
Suzanne Kohaya Tina Horner
Verda Lofton

Welcome

All

Participants introduced themselves to the group.

Sugary Beverage Tax, Side 1

Victor Colman, Childhood Obesity Prevention Coalition

- Tax sugary drinks - similar to tobacco and alcohol tax- new revenue goes to education and equity, early education pre-K, and healthy food access through ‘Fresh Bucks’ program.
- What about company profits?
 - Companies like Coke and Pepsi still make money on bottle water products
- Reciprocity - should families living in poverty have to pay more for sugary drinks? Yes because funding goes to those food deserts, population relying on soda has the most to gain, i.e. health benefits from ending sugary drinks. Diet soda will also be taxed.
- Concern for job loss for mom & pop grocery store - data doesn’t support? Worry and fear about bottlers losing jobs also not supported in data
- Mayor Murray - not running for re-election so the policy may not be enforced
- Seattle healthy kids coalition goal: improve community oversight, give community voice for influence of tax dollars, evaluate the impact of new tax, increase funding to food access

Sugary Beverage Tax, Side 2

Got Green

- Expand fresh bucks into local market vs only farmers market, increase eligibility beyond those who qualify for ‘SNAP’
- Create jobs for young people and underserved communities in green food production
- Challenge to get tax funds actually into education
- Request 1/3 of tax revenue go toward prevention of obesity and diabetes, health concerns and access to healthy food.

Center for Pediatric Dentistry

Wendy Core Done

- Regular dental visits keep kids healthy
- 50% kids under age 5 years see a dentist (free through Apple Health), therefore, increased absences, poor speech development, and reduced ability to eat/sleep/play/learn. In Seattle 50% kids have cavities.

- Start early - first tooth means see a dentist to prevent baby bottle tooth decay, use fluoride, model healthy eating
- Establish a dental home - emergencies happen, access care quickly when needed
- UW has dental surgery center on site, social workers to help with transportation, can bring multiple kids at once because center has 16 chairs available. Dentists can also travel to children's hospital. Treatment ages 0-18. Scholarship for those unable to pay. 206-543-5800 for appointment.

Legislative Updates

Matthew Green

- Budget July 1 must be approved or no school teachers may attend work
- Senate Bill 5404 sunscreen bill- sunscreen is no longer considered a medication, therefore kids can apply it themselves.
- Senate Bill 5107 - currently local government may add money to early learning
- House Bill 1235 - assess PE practices in public schools, requires 150 hours/year. Now a survey will go out to gather data
- Vaping products and tobacco must be purchased by age 21 years or older (currently is 18 yrs legal age to buy cigarettes), therefore 15/16/17 year olds won't have friends in school to buy for them; to offset the loss of revenue the government will now tax vaping products.
- Bill 1661 - creates Department of Children, Youth, and Families
- Bill 1719 - Thrive manages home visiting, now del will manage home visit
- Marijuana tax revenue goes to research, enforcement, and public health, local government, general fund
- Bill 1551 - healthy kids grant to provide kitchen equipment for scratch cooking, equipment and water-bottle filling stations.

Menu Review

Suzanne Kohaya

- School meals have a huge impact on food industry
- Juice limits to once a day, or none
- Whole grain once a day, eliminate grain-based desserts (no graham crackers)
- Meat/ meat alt allowed to sub for breakfast 3 times/week
- Yogurt, limit sugar 23 g/6 ounce
- Low sugar cereal 6 g/ounce, school should model what is available to the public
- No flavored milk for children less than 5 years
- Tofu as a meat alt
- Infant meals - now reimbursable to breastfeed on site, only 2 age groups, no juice, whole eggs ok

Community & Early Learning Updates

Community Partners

- Early Learning is transitioning to a new organizational model, due to reduced funding. Several staff will not be continuing employment with Puget Sound ESD, including the nursing staff of Early Learning. The new organizational design will be implemented July 1.
- Dr. Shorr is retiring from Renton Pediatric Associates, however he will continue to serve on HSAC as a Community Representative. Dr. Shorr has been a part of HSAC for 38 years.

The next HSAC meeting is Tuesday, October 10, 2017 from 11:30 - 1:30, PSESD Renton