



Health Services Advisory Committee (HSAC) Meeting

October 11, 2016 Puget Sound ESD, Renton

Community Agency Guests

Annie Hetzel, SNC Administrator, School Nurse Corps
Becky Durant, Nurse Consultant, Tacoma Community College
Dawn Jacobs, Oral Health Coordinator, TPCHD
Elise Tanner, Registered Dental Hygienist, The Tooth Fairies
Jackie Hoang, Administrative Manager, Smile Partners
Jamie Zorich, Health Promotion Coordinator, TPCHD
Joshua Krebsbach, Community Impact Specialist, CHC
Kathy Shivitz, Community Representative
Laura Widdice, Health Services Director, Renton School District
Rebecca Morales, Community Engagement Coordinator, Lindquist Dental Clinic for Children
Richele Strong, PreK Program Manager, Smile Partners
Sonja Bookter, District Nurse, Enumclaw School District
Dr. Stuart Shorr, Pediatrician, Renton Pediatric Associates
Vicki Gezon, District Nurse/Nurse Consultant, Tukwila School District

Puget Sound ESD Early Learning Staff

Alexandra Auguste-Lewis Anne O’Galleher
Caitlin Young Denyse Guthrie
Donna Andrews James Cooper-Nurse
Janice Heck Joanne Tran
Leticia Salcido Katy Levenhagen
Kristi Walters Marie Savage-Hopfau
Mary Eddy Nasteha Muse
Nathalie Jones Sharon Judie
Suzanne Kohaya Verda Lofton
Xinying He

Welcome

All

Participants introduced themselves to the group.

Early Head Start Dental Screening Event

Joshua Krebsbach, Community Health Care

- Dental screening event held July 19 from 7-9pm
- 77 infants/toddlers/adults screened by dentists and hygienists from Community Health Care (CHC)
 - Included oral health education
 - CHC had schedulers on site to assist families with appointments for urgent needs
 - Many families are undocumented
 - CHC will offer a sliding scale fee for families

Early Head Start Update

Donna Andrews, Infant/Toddler Program Manager

- Early Head Start (EHS) has three models
 - Home Based, 154 slots
 - 20 are in the Parkland area (Franklin Pierce School District)
 - Direct service (staff are PSESD employees)
 - Trinity Lutheran Church offered use of space for office
 - Child Care Partnership
 - New grant as of 2014
 - 160 slots in King & Pierce Counties
 - Full day/full year, subcontracted to sites
 - WCCW
 - Site at the Washington Correctional Center for Women in Purdy (Gig Harbor)
 - 17 slots, 8 are Center Based & 9 are Home Based
 - PSESD partnered with Department of Corrections and their Residential Parenting Program to offer this model
- Safe sleep training mandatory for EHS staff
- Breastfeeding promotion training will be online for staff by November 30

Family Support/Health & Nutrition Update

James Cooper-Nurse, Family Engagement Manager

- Plans in place for three trainings per year for Family Support staff at centers
- All will be full day trainings
- Planed topics include:
 - ACES study/trauma exposure
 - Resilience/self-care
 - Resource fair
 - Lead poisoning prevention
 - 3 breakout sessions

Physical Activity Policy

Katy Levenhagen, Senior Nutrition Coordinator

- Policy approved by Policy Council at their September meeting
- Outlines best practice standards
- Physical Activity guidance – user friendly for staff and ideas on how to implement policy
- Training at Annual Health Training
- Guidance & policy are online in the Early Learning Policy Manual (www.EarlyLearningWA.org)

Sunscreen Application

Marie Savage-Hopfauf, Senior Health Coordinator

- What constitutes “inclement weather”?
- Use sunscreen May 1 through October 1
 - Or when around reflective surfaces, such as snow or water
- Any color of skin can sunburn
- Over the counter medication form used with any medication that has an active ingredient
- As of 2015, districts can apply topical medications to children
- “Block the Sun, Not the Fun” handout will be given to sites
- Families educated to make informed decision about sunscreen
- Will there be multiple applications for full day programs?
 - Full day used sunscreen more than part day models
 - Teachers, assistant teachers, aides assist preschoolers in application
 - Teaching as a “life skill” like brushing teeth or washing hands
 - Can be put on as a group activity at tables or circle time

Data Overview & 5 Year Goals

Nathalie Jones, Data Services Manager

- Data overview
 - Early Learning data services uses a continuous cycle of improvement (Plan-Do-Study-Act)
 - Use the ChildPlus database, centers can upload information and documentation directly into database
 - Washington state is developing a P-20 database
- 5 Year Goals overview
 - Information comes from annual assessment
 - Align to agency goals (to eliminate the opportunity gap and become an anti-racist, multicultural organization)
 - Race equity outcome for internal service areas, to become foundation of work rather than an “add on”
 - School readiness goals, promote healthy habits
 - CACFP meal patterns will be changing this year
 - Playground safety will be looked at (currently safe for school age children, but not pre-k children)
 - Triage process

- Inclusion of health documents to get “whole photo” of child – may be health related issue that us causing behavioral disruptions
- Diversity training for early learning staff

Pharmaceutical Discount Card

Xinying He, Senior Health Coordinator

- Established by Health Care Authority
- For uninsured/underinsured
- Discount card is free to Washington residents
 - Need name, address, gender
 - No INS/ICE involvement
- Information can be found at <https://www.hca.wa.gov/about-hca/prescription-drug-program>

Community Updates

Community Partners

- Dr. Shorr: influenza activity starting early, nasal flu vaccination pulled, so the shot is the only vaccination available
 - Most drug stores will not vaccinate under 7 years old, will need to visit primary care physician or walk-in clinic
 - Contrary to myth, you cannot get the flu from the vaccination, as it contains a killed virus
 - If you are already getting sick, you can still get sick before the vaccination is at full strength, although symptoms will be lesser
 - A small portion of population will still contract influenza even after receiving vaccination, however symptoms and length of virus will be decreased
- Vicki Gezon: seeing increase in virus that causes low grade fever, coughing, lasting 3 weeks or more

The next HSAC meeting is Tuesday, February 14, 2017 from 11:30 - 1:30, PSESD Renton