



Health Services Advisory Committee (HSAC) Meeting
May 10, 2016 Puget Sound ESD, Renton

Community Agency Guests

Puget Sound ESD Early Learning Staff

Abbe Salk, Director of Community Relations, Lindquist Dental Center for Children
Alona Horner, Manager, HealthPoint
Anne Kinne, Registered Nurse, ECEAP
Araceli Mendez, Data Compiler, Washington State DOH
Elisabeth Long, Lead Epidemiologist, Washington State DOH
Elise Tanner, Registered Dental Hygienist, The Tooth Fairies
Faina Pik, Nurse Consultant, Bellevue School District
Gini Gobeske, Public Health Nurse Consultant, TPCHD
Gloria Smith, RN Nurse Consultant, By Smiths LLC
Hanna Kim, Student, Bellevue College
Jackie Hoang, Administrative Manager, Washington State Smile Partners
Jamie Zorich, Health Promotion Coordinator, TPCHD
Joshua Krebsbach, Community Impact Specialist, Community Health Care
Laura Widdice, Health Services Director, Renton School District
Peg Terp, Dental Hygienist Supervisor, SKCPH
Rachel Nielson, BSN Student, Bellevue College
Dr. Stuart Shorr, Pediatrician, Renton Pediatric Associates
Dr. Teri Woo, Dean of Undergraduate Nursing, Pacific Lutheran University
Theresa LaRonde, Center Director, Kent Youth & Family Services

Alexandra Auguste-Lewis
Caitlin Young
Cheryl Polasek
Denetta Uzzell
Denyse Guthrie
Donna Andrews
Janice Heck
Joanne Tran
Katy Levenhagen
Leticia Salcido
Linda Johnson
Maggie Grate
Mary Eddy
Sharon Judie
Tina Horner
Verda Lofton
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Welcome & Introductions

All

Participants introduced themselves to the group.

Lead Poisoning Prevention

Elisabeth Long, Washington State Department of Health

- What is lead?
 - Soft, blue-gray metal
 - Occurs naturally, but much of its presence in the environment stems from historic use in paint and gasoline
- Health effects of lead
 - No known safe threshold
 - Irreversible adverse effects on child's nervous system, growth and development, cognitive development, and behavior
 - Affects every system in the body: kidneys, central nervous system, bone formation, reproductive system
 - Children are the most vulnerable – especially young children, who exhibit hand-to-mouth behavior, which increases exposure
- Most often lead poisoning has no obvious symptoms
 - High levels: abdominal pain and cramping, anemia
 - Extremely high levels: seizures, coma, death
- Children should be screened by age 3 (recommended at 12 and 24 months)
 - Three granules of lead dust are enough to elevate a child's blood lead level to above action level ($\geq 5\mu\text{g}/\text{dL}$)

- Risk factors
 - Lives in or regularly visits any house built before 1950.
 - Lives in or regularly visits any house built before 1978 that has recent or ongoing renovations or remodeling.
 - From a low income family (defined as incomes <130% of the poverty level.)
 - Has a sibling or frequent playmate with elevated blood lead level.
 - Is a recent immigrant, refugee, or foreign adoptee.
 - Has a parent or principal caregiver who works professionally or recreationally with lead.
 - Uses traditional, folk, or ethnic remedies or cosmetics
- Washington State does not have universal screening for blood lead levels
- Washington legislation – “School Rule” on environmental toxins that schools should be testing for
 - Rule was frozen due to lack of funding, but governor is re-investigating the state taking charge of, rather than Department of Health
- Can have water tested by independent lab – Washington state has that information on their website (<https://fortress.wa.gov/doh/wtn/wtnibl> for lead exposure risk map or www.doh.wa.gov/lead for lead information)
- DOH has lead machines they can loan out to programs for testing, as well as test kits

Menu Review

Cheryl Polasek

- 75 sites are on Puget Sound ESD’s USDA contract
- Three sample menus for review & questions
- Cheryl asked meeting participants to break into three groups to review menus
 - Educare Early Learning Center
 - Highline School District
 - Sample breakfast/lunch/snack menu

Community Updates

Community Partners

- Joshua Krebsbach, Community Health Care: Dental clinic open at the Spanaway clinic; Lakewood dental now has Saturday hours
- Dr. Teri Woo, Pacific Lutheran University: PLU has second LPN class, and will begin a psychiatric program this summer
- Gini Gobeske, TPCHD: Lead testing is keeping staff busy
- Laura Widdice, Renton Scholl District: Renton needs school nurses & LPNs
- Dr. Stuart Shorr, Renton Pediatric Associates: Influenza is still active in small amounts; virus this year was mild thanks to vaccinating
- Elise Tanner, The Tooth Fairies: Silver Diamine has been approved by the FDA for use on cavities, place the liquid on decay and it will kill the bacteria causing decay – no drilling necessary

The next HSAC meeting is Tuesday, October 11, 2016 from 11:30 - 1:30, PSESD Renton