



Health Services Advisory Committee (HSAC) Meeting

October 14, 2014 Puyallup Room – Puget Sound ESD, Renton

Guests

Julia Byers, Navos
Courtney Druffel, Multicare Mary Bridge Children’s Hospital
Megan Hale, Navos
Rachel Joyce, Community Health Care
Linda LaPlante, Renton School District
Camile Mason, SeaMar Community Health Center
Abbe Salk, Lindquist Dental Clinic for Children
Kimberly Schaub, Washington State Smile Partners
Jessica Schmidt, Washington State Smile Partners
Dr. Stuart Shorr, Renton Pediatric Associates
Gloria Smith, Tacoma Daycare & Puyallup YMCA Preschool
Laura Widdice, Renton School District
Dr. Teri Woo, PLU School of Nursing

Puget Sound ESD Early Learning Staff

Donna Andrews	Libby Cruikshank
Maggie Grate	Janice Heck
Tina Horner	Sharon Judie
Suzanne Kohaya	Cathy Marshall
Candace McKenzie	Cheryl Polasek
Leticia Salcido	Marie Savage-Hopfauf
Stephanie Stevens	Laurel Tierney
Joanne Tran	Denetta Uzzell
Caitlin Young	

Welcome

Marie Savage-Hopfauf, Senior Coordinator, Health

Attendees introduced themselves

Peer Programs Information/Script Review

Libby Cruikshank, Health Coordinator

Libby shared the new Peer Programs intro video that will be available on the Early Learning website for parent recruitment. Attendees broke into groups to review and discuss the Peer Health script. Suggestions included:

- Grammar/spelling
- Adding mental health, hearing and vision information
- Changing parent statement/question of “you seem rushed” to a question with a less negative impact on providers/physician; perhaps asking for written information or instructions
- Using “bacteria” versus “germs” when discussing dental health
- Adding information about visiting the dentist while pregnant

Early Learning Health & Safety

Suzanne Kohaya, Nutrition Coordinator

Suzanne shared information on the Coalition for Safety and Health in Early Learning (CSHEL). Attendees also reviewed the “Site Readiness” checklist that Early Learning program use, and discussed bleach concentration labeling. Current practices are based on the previous bleach concentration of 6%, but the current concentration is now 8%, which can contribute to decreased air quality when sprayed near children, and could potentially cause an increase in asthma attacks. The Environmental Protection Agency has agreed to a recipe of 600PPM for bleach mixtures, and will release training materials and formulations in November.

Dental Toothbrushing

Katy Levenhagen, Nutrition Coordinator

Attendees reviewed processes and procedures for toothbrushing at Early Learning sites, including a potential net cover for toothbrush storage. Attendees raised the following concerns/suggestions:

- Changing to brushing 20-30 minutes after eating, rather than immediately after, as teeth are soft because of acid attack immediately after eating

- Are the net covers necessary? It would absorb germs/bacteria from any toothbrush it may come in contact with
- Make sure the toothbrushes are not stored in the bathroom, and make sure they fully dry out between brushes
- Make sure the procedure for brushing is clear
- Q: Does swallowing a pea sized amount of toothpaste on a daily basis pose a fluoride risk? A: No
- Q: Should children rinse their mouth after brushing? A: It's a personal preference
- Q: Does the ESD have instructions on how centers should use UV light for disinfecting/sterilizing? A: No, but follow the manufacturer's instructions for UV disinfecting/sterilization

Community Agency Updates

All

- NAVOS is accepting birth-5 referrals, and can work with the child & adult together.
- Dr. Shorr from Renton Pediatric Associates shared that flu season is already starting, asked that staff help dispel the myth that you can catch the flu virus from the flu shot – the shot is a killed virus, while the spray mist is a weakened virus. The shot is a short term vaccination (i.e. the duration of the current flu season), while the mist can provide more long-term benefits. The mist is more effective for children 2-9 years old.
- Abbe from Lindquist Dental Clinic for Children passed around brochures; the office is accepting new patients and can offer a sliding scale. Adults can visit Pierce County Oral Health Coalition (www.PCOHC.org) for dental information.
- Rachel from Community Health Care shared plans for Early Head Start dental screening, and open enrollment begins November 15th.
- Kimberly from Washington State Smile Partners shared that they are looking to expand in low income areas outside of King & Pierce counties
- Teri from the PLU School of Nursing shared that they are now expanding to pediatric content, and will be starting Mental Health Nurse Practitioner program.

The next HSAC meeting is Tuesday, May 12, 2015 from 11:30 - 1:30, PSESD Renton