



## Health Services Advisory Committee (HSAC) Meeting

February 9, 2016 Puget Sound ESD, Renton

### Community Agency Guests

**Stacey Bushaw**, Health Care Authority  
**Haruko Choosakul**, Navos  
**Courtney Druffel**, Multicare Mary Bridge Children’s Hospital  
**Vicki Gezon**, Tukwila School District ECEAP  
**Gini Gobeske**, Tacoma/Pierce County Health Department  
**Lisa Humphrey**, Health Care Authority  
**Dawn Jacobs**, Tacoma/Pierce County Health Department  
**Rachel Joyce**, Community Health Care  
**Anne Kinne**, ECEAP Nurse Consultant  
**Paj Nandi**, Washington State Department of Health  
**Faina Pik**, Bellevue School District ECEAP  
**Tana Scarbrough**, Clover Park Early Learning Program  
**Abbe Salk**, Lindquist Dental Clinic for Children  
**Kathy Shivitz**, Community Representative  
**Dr. Stuart Shorr**, Renton Pediatric Associates  
**Gloria Smith**, Tacoma Daycare/Puyallup YMCA ECEAP  
**Jamie Zorich**, Tacoma/Pierce County Health Department

### Puget Sound ESD Early Learning Staff

Donna Andrews	Alexandra Auguste-Lewis
Mary Eddy	Shareka Fortier
Denyse Guthrie	Maggie Grate
Janice Heck	Tina Horner
Katy Levenhagen	Verda Lofton
Nasteha Muse	Cheryl Polasek
Leticia Salcido	Joanne Tran
Denetta Uzzell	Caitlin Young

### Welcome

*All*

Participants introduced themselves to the group.

### Introduction of Navos

*Haruko Choosakul, Clinical Supervisor/Infant Mental Health Specialist*

- Since 1966, Navos has been responding to the needs of people with mental illness in King County
- Navos offers a full spectrum of services to more than 11,000 low-income children, youth, and adults from diverse cultural and ethnic backgrounds annually.
- With partners, Navos is the public mental health provider for over 40% of all youth served in the King County community mental health system and is one of the largest providers of community mental health services in Washington State
- Navos focuses on helping children form close, secure relationships with their parents and/or primary caregivers by working with the child and family
- Services typically take place in client homes or Navos offices
- 3 campuses in King County – 1 in West Seattle, 2 in Burien
- Puget Sound ESD partnered with Navos for mental health referrals
- As a result of broadened eligibility criteria, Navos has seen an increase in:
  - referrals from Head Start for assistance
  - referrals from social workers and child welfare
- Previously had long waitlist; however the clinics currently have openings

### Breast Feeding

*Donna Andrews & Caitlin Young*

- Data from the Center for Disease Control shows:
  - 82% of moms plan to breastfeed
  - 72% start to breastfeed
  - 65% do not reach breastfeeding goals

- 95% of moms in Washington State start to breastfeed
- 62% continue to breastfeed when the child is 6 months old
- 385 pregnant women, infants, and toddlers are in the PSESD Early Head Start program
  - 225 are in center- or home-based Early Head Start
  - 160 are in the Early Head Start Child Care Partnerships program at 14 sites (full day, full year)
  - Performance Standards state site staff must provide access for breastfeeding
  - Early Learning staff will be adding breastfeeding to School Readiness goals
- University of Washington is offering a training called “Let’s Move! Child Care: Breastfeeding Support”
  - Free online training for early childhood professionals
  - [http://depts.washington.edu/uwcphn/work/ece/lmccbfs\\_module.shtml](http://depts.washington.edu/uwcphn/work/ece/lmccbfs_module.shtml)
- Caitlin handed out a tip sheet “How can I get ready for breastfeeding before my baby is born”
  - Any changes, corrections, or additions can be directed to Caitlin at [cyoung@psed.org](mailto:cyoung@psed.org)

### **Head Start Recompensation**

*Kay Lancaster, Associate Superintendent for Early Learning Health*

- Early Learning’s largest Head Start grant is currently in the designated renewal system (DRS) process
- 3 year grant cycles are shifting into 5 year cycles
- Recompensation will become more common for Head Start grantees
- ESD was set to shift into 5 year grant, but also had an event that triggered early recompetition
  - No child was harmed; however two were unsupervised for roughly 30 to 60 seconds as they figured out how to open a locked gate
  - Active Supervision implemented, all staff trained
- June 30, 2016 the current grant ends
- Timeline:
  - October 2015 – funding opportunity announcement released
  - Grant applications due 12/28 for any grantee in the Puget Sound area who wanted to be a Head Start grantee
  - PSESD Early Learning submitted their application
  - Office of Head Start wants to increase full day and Early Head Start opportunities, which are more expensive to operate than traditional part day Head Start
  - PSESD applied for the full \$20.2 million grant, increasing full day and Early Head Start slots
    - This would mean a decrease in the current amount of slots PSESD operates
  - Region X will award grants and enter into slot/fund negotiation with potential grantees in April/May 2016
- If HSAC partners are able to offer anything to keep strengths during negotiations, please connect with Kay
- While PSESD may lose Head Start slots, current DEL slots may be re-allocated from under-enrolled sites (from non-ESD sites)

### **Physical Activity Policy**

*Cheryl Polasek & Katy Levenhagen*

- Review of potential new policy, still in draft form
- Policy outlines daily physical activities for babies (birth–12 months), toddlers (1-3 years), and preschoolers (3-5 years)
- If approved by Policy Council, policy will be implemented fall of 2016-2017 program year, and will be the main focus of the Annual Health Training

### **Menu Overview**

*Suzanne Kohaya, Food Services Manager*

- Suzanne gave a brief overview of the kitchens at Educare and Kent Youth & Family Services

**The next HSAC meeting is Tuesday, October 11, 2016 from 11:30 - 1:30, PSESD Renton**