

## SOMALI SURVIVAL WORDS

### FOODS

English Word	Somali Word	Pronunciation
Milk	Caano	AH-no
Bread	Rooti	ROW-tee
Vegetable	Khudaar	KOO-dahr
Salad	Aansansalaato	
Fruit	Miro	meh-ROW
Apples	Tufaaxyo	tuh-FAH-yo
Oranges	Liimooyin	lee-MOO-yen
Bananas	Moosas	MOH-ses
Carrots	Kaarootooyin	kah-row-TOW-yen
Celery	Laamo cagaar ah oo Khudaaar ahaaan loo cuno	LAH-moh ah-GAR-ah o koo-dahr-AH-han loh oo-NO
Corn	Galay	geh-LAY
Beans	Digir	deh-GHER
Potatoes	Baradhooyin	bah-rah-DOE-yen

## Somali Survival Words -- Foods, cont.

Meat	Helib	HEH-leap
Sandwich	Rootiga wax ku dhexjiraan	ROW-tih-gah wah koo deh-gher-AHN
Cereal	Badar laga sameeeyo Qamadiga oo lagu quraacdo	BAH-dahr lah-GAH sah-MAY-yo kah-mah-DIG-ah oh lah-GOO koo-rah-HAH-do ah-SER
Juice	Casiir	
Broccoli	NO WORD IN SOMALI LANGUAGE (use vegetable)	
Dressing	Iidaan cuntada dusha looga	EE-dahn uhn-TAH-dah doo-SHA low-GAH
Fork	Fargeeto	far-GET-oh
Knife	Mindi	min-DEE
Spoon	Qaado	KAH-tow
Plate	Saxan	SAH-hahn
Bowl	Baaquli	BAH-koo-lee
Cup	Bakeeeri	bah-KAHR-ee
Straw	Caagbiyaha wax lagu dhuugo	
Napkin	Istiraasho	iss-ter-A-show
Don't eat, Pork	Ha Cunin Khaansirka	hah

# SOMALI SURVIVAL WORDS

## ACTION WORDS

English Word	Somali Word	Pronunciation
Brush Teeth	Elkaha cadeyso	EHL-kah-hah ah-DAY-soh
Clean-up (Pick-Up)	Nadiifin	nah-DEE-fehn
Sit	Korukhaad	kah-ROW-cahd
	Fariiso	fah-REE-soh
Stand	Istaag	ee-STAG
Wash Hands	Dhaqo gacmahaaga	dah-KOH gah-mow-HAH-gah
Walk	Soco	soh-OH
Listen	Dhageyso	dah-GAY-soh
Come	Kaalay	CAH-lee
Help me	I caawi	EE AH-wee
For mom	Hooyiskaleh	HOY
For dad	Aabeiskaleh	
Hello	Sidee tahay	Seh-DEE tah-HAY
Goodbye	Nabadey	nah-bah-DAY
Thank you	Waad Mahadsantahay	mah-HAHD-sah-nahd

## Somali Survival Words -- Action Words, cont.

Please	Fadlan	FAHD-lahn
Need help?	Waxaan rabaa caawinaad	WAH-hahn rah-BAH ah-win-AHT
Bathroom	Musqusha	mus-KUSH-ah
Eat	Cun	oon
Drink	Cabitaan	ah-bih-TAHN
Outside	Ban aan	bahn-AHN
Hurt?	Xanuun?	ha-NOON?
Sick?	Jiro?	jeer-OH?
Sorry	Waan ka xumahay	wahn kah HOOM-ah-hay
Gently	Wanagsan	weh-NAHG-sahn
Quietly, softer (voice-wise)	Tartiib u hadla	tahr-TEEP oo HAHD-lah
Stop	Joogso	jug-SOH
Pass (the food)	Oggolaansho cunto	oo-gah-lahn-SHOW oon-TOW
Sad?	Murugeysan?	muh-ruh-GAY-yee-sen?
Happy	Faraxsan	FAH-rah-sahn
Wait	Suk	sook

# SOMALI SURVIVAL WORDS

## NOUNS

English Word	Somali Word	Pronunciation
One	Hal	hall
Two	Labo	LAH-bow
Three	Seddex	seh-DAYH
Four	Afar	AH-far
Five	Shan	shun
Six	Lix	ligh
Seven	Todobo	toe-DOE-bow
Eight	Sideed	seh-DATE
Nine	Sagaal	SAH-gahl
Ten	Toban	toe-BAHN
Red	Gaduud	gah-DOOD
Orange	Jaale gaduud ku jiro	jah-LEH gah-DOOD koo jih-ROW
Yellow	Jaalle	jah-LEH
Green	Cagaar	AH-gahr

**Somali Survival Words -- Nouns, cont.**

<b>Blue</b>	<b>Bulug</b>	<b>buh-LUKE</b>
<b>Purple</b>	<b>Use English word</b>	
<b>Black</b>	<b>Madow</b>	<b>mah-DOE</b>
<b>Brown</b>	<b>Kafeega</b>	<b>kah-FAY-gah</b>
<b>White</b>	<b>Cadaan</b>	<b>ah-DAHN</b>
<b>Pink</b>	<b>Guduud qafiif ah sida ubaxa</b>	<b>gah-DOOD kah-FEEF ah SEE-dah AH-bah-hah</b>
<b>Jacket</b>	<b>Koor shaatiga laga dul Gashada</b>	<b>core SHAH-tee-gah lah-KAH dull gah-shah-DAH</b>
<b>Coat</b>	<b>Jaakad</b>	<b>JAH-kahd</b>
<b>Shoes</b>	<b>Kabo</b>	<b>kah-BOW</b>
<b>Tissue</b>	<b>Xaanshida afka la iska tiro</b>	<b>hah-SHI-dah ahf-KAH lah is-KAH tih-ROW</b>
<b>Head</b>	<b>Madaxa</b>	<b>MAH-dah-hah</b>
<b>Nose</b>	<b>Sanka</b>	<b>SAYN-kah</b>
<b>Eyes</b>	<b>Indhaha</b>	<b>in-DAH-ha</b>
<b>Ears</b>	<b>Dhagaha</b>	<b>dah-GAH-hah</b>
<b>Mouth</b>	<b>Afka</b>	<b>AHF-kah</b>

**Somali Survival Words -- Nouns, cont.**

<b>Teeth</b>	<b>Ilkaha</b>	<b>ill-KAH-hah</b>
<b>Shoulders</b>	<b>Garbaha</b>	<b>gahr-BAH-hah</b>
<b>Arms</b>	<b>Gacmaha</b>	<b>gah-MAH-hah</b>
<b>Hands</b>	<b>Sacabada Faraha</b>	<b>sah-ah-bah-DAH</b> <b>fah-RAH-hah</b>
<b>Fingers</b>	<b>Faraha</b>	<b>fah-RAH-hah</b>
<b>Feet</b>	<b>Cagaha</b>	<b>ah-GAH-hah</b>
<b>Toes</b>	<b>Suulasha</b>	<b>sue-LAHSH-ah</b>
<b>Knees</b>	<b>Lawyaha OR Jilibka</b>	<b>low-YAH-hah OR</b> <b>jill-BAH-hah</b>
<b>Legs</b>	<b>Lugaha</b>	<b>loo-GAH-hah</b>
<b>Stomach</b>	<b>Calosha</b>	<b>ah-LOWSH-ah</b>

**SOMALI PHRASES TO SEND HOME**

<p align="center"><b>No School tomorrow.</b></p> <p align="center"><b>Bari iskool ma jiro.</b></p>	<p align="center"><b>No School Next Week.</b></p> <p align="center"><b>Ma jiro iskool asbuuca soo socda.</b></p>
<p align="center"><b>Sign and bring back, please.</b></p> <p align="center"><b>Fadlan soo saxiix ka dibna noo soo celi.</b></p>	<p align="center"><b>No School _____.</b></p> <p align="center"><b>Iskool ma jiro _____.</b></p>
<p align="center"><b>Parent Meeting</b></p> <p align="center">_____date</p> <p align="center">_____time</p> <p align="center"><b>Kulanka waarlidka ama shirka</b></p> <p align="center"><b>waaradka</b></p> <p align="center">_____Maaalinta</p> <p align="center">_____Waqtiga ama saacada</p>	<p align="center"><b>Take this form to the doctor and bring it back, please.</b></p> <p align="center"><b>Fadlan, u geey dhaqtarka warqadaan ka dibna noo soo celi.</b></p>
<p align="center"><b>Take this form to the dentist and bring it back, please.</b></p> <p align="center"><b>Fadlan warqadan u geey.</b></p>	<p align="center"><b>Field Trip Tomorrow!</b></p> <p align="center"><b>Come to Class_____time</b></p> <p align="center"><b>Pick Up_____time</b></p> <p align="center"><b>Beri waa safar!</b></p> <p align="center"><b>Imow galaaska _____</b></p> <p align="center"><b>Waxaad wadeysa _____</b></p>