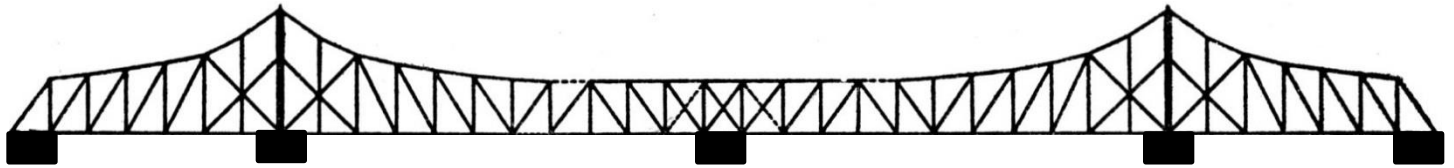


Welcome to ECEAP!

We know that you have come to ECEAP to get high quality preschool for your child. Part of our approach is to also support you, as your whole family well-being is critical to your child’s development. To help us know how to support you, we look with you at some areas of your family’s life. Together, we help you set goals, like increasing parenting skills, finding a better job, getting more education, and learning new skills.

With our partner program EMPATH - Economic Mobility Pathways, we believe that the journey to family stability and well-being is like crossing a bridge, traveling from where you are to reach your goals. The Department of Early Learning’s Bridge to Child and Family Self-Reliance* is held up by five major pillars which are all inter-related, and all equally important.

Department of Early Learning ECEAP Bridge to Child and Family Self-Reliance



Family Stability		Well-Being		Financial Management		Education & Training	Employment & Career Management
Housing	Family & Dependents	Health & Mental Health	Networks	Debt	Savings	Education	Earnings Levels
Having a safe, affordable stable place to call home.	Making sure that your family’s needs are met so you can focus on your goals.	Feeling physically and emotionally healthy so you can participate fully in work, school, or family.	Having people in your life who give you personal support, and who also have the knowledge and connections to help you achieve your goals.	Being up-to-date on any debt payments.	Having enough money in the bank to meet your family’s needs and afford more than the basics.	Having enough education and training so that you can choose a well-paying and satisfying career.	Being employed in a career that pays enough so that you can support your family.

ECEAP staff will work in partnership with you to:

- **Assess** where you are on the Bridge, and where you want to be.
- **Prioritize** the areas that are most important for you and your family.
- **Develop** individualized, specific goals that will help you move toward self-reliance.
- **Connect** with resources that will support your journey.
- **Celebrate** your successes!