

ECEAP Family Assessment

Guiding Principles:

This document is used by staff only. Parents and caregivers should not fill this out. This is a tool that staff use to collect the information they discover through conversations with families, using the Bridge to Child and Family Self-Reliance as their guide. This assessment is intended to be used with ECEAP's *Guidelines for Opening up Conversation with Families*, where you will find guiding questions to ask in each area of the assessment and the Bridge.

The assessment is separated into five main categories, which are the bolded titles below. Each category has assessment questions within it that fall under the overarching theme of the category. These also match the five pillars of the Bridge.

Family Stability

Category	Level 1		Level 2	Level 3	Level 4	Level 5
Housing	Homeless or emergency shelter <input type="checkbox"/>	Living with family or friends or transitional housing temporarily <input type="checkbox"/>	Full housing subsidy, permanent housing <input type="checkbox"/>	Partial housing subsidy <input type="checkbox"/>	No housing subsidy, housing costs exceed 1/3 household gross pay <input type="checkbox"/>	No housing subsidy, housing costs less than 1/3 household gross pay <input type="checkbox"/>
Basic Household Needs	Basic household needs such as food, toiletries, furniture, or clothing not met. <input type="checkbox"/>		Basic household needs such as food, toiletries, furniture, or clothing barely met. <input type="checkbox"/>	Basic household needs such as food, toiletries, furniture, or clothing somewhat met. <input type="checkbox"/>	Basic household needs such as food, toiletries, furniture, or clothing mostly met. <input type="checkbox"/>	Basic household needs such as food, toiletries, furniture, or clothing fully met. <input type="checkbox"/>
Access to Transportation	Have no access to transportation, frequently stranded. <input type="checkbox"/>		Have no access to transportation to satisfy basic needs, or transportation is unreliable <input type="checkbox"/>	Have limited access to public or private transportation and it is somewhat reliable <input type="checkbox"/>	Can use public or private transportation most times <input type="checkbox"/>	Have consistent, reliable transportation all the time <input type="checkbox"/>
Legal Issues	Not able to engage in work, school, and family because of unresolved legal issues. <input type="checkbox"/>		Barely able to engage in work, school, and family because of unresolved legal issues. <input type="checkbox"/>	Somewhat able to engage in work, school, and family because of legal issues. <input type="checkbox"/>	Mostly able to engage in work, school, and family life; legal issues are being resolved. <input type="checkbox"/>	Have resolved legal issues, or have no legal issues. <input type="checkbox"/>
Conflict Resolution	Family conflicts are frequent and recurrent. This can include extreme anger, threats, or violence. <input type="checkbox"/>		Family conflicts happen sometimes and may include anger, threats, or violence; they are not resolved easily. <input type="checkbox"/>	Family conflicts happen and some discussion happens after. <input type="checkbox"/>	Family conflicts happen sometimes but are resolved easily. <input type="checkbox"/>	Family conflicts are rare and are resolved easily. <input type="checkbox"/>
Managing Parenting Stress	Frequently feel frustrated or angry and worry about physically or emotionally harming my child <input type="checkbox"/>		Often feel frustrated or angry and it is difficult to keep calm and in control <input type="checkbox"/>	Often feel frustrated or angry; able to keep calm and in control some of the time <input type="checkbox"/>	Sometimes feel frustrated or angry; able to keep calm and in control some of the time <input type="checkbox"/>	Able to be calm and in control with my children in most situations <input type="checkbox"/>

Category	Level 1	Level 2	Level 3	Level 4	Level 5
Developing Parenting Skills	Limited information and understanding of parenting <input type="checkbox"/>	Some information and understanding of parenting <input type="checkbox"/>	Some information and understanding of parenting, and know where to get information <input type="checkbox"/>	Have information and understanding of parenting and apply skills sometimes <input type="checkbox"/>	Have information and understanding of parenting and apply skills often <input type="checkbox"/>
School Involvement and Advocacy	Not involved in child's school and do not know how <input type="checkbox"/>	Not involved in child's school yet, but have information about it <input type="checkbox"/>	Sometimes involved in child's school but do not know how to advocate for my child <input type="checkbox"/>	Involved in child's school and learning about how to advocate for my child <input type="checkbox"/>	Involved in child's school and confident in how to advocate for my child <input type="checkbox"/>
Family & Dependents	Not able to engage in work, school, and family life because of children or family needs. <input type="checkbox"/>	Barely able to engage in work, school, and family life because of children or family needs. <input type="checkbox"/>	Somewhat able to engage in work, school, and family life because of children or family needs. <input type="checkbox"/>	Mostly able to engage in work, school, and family life; children or family needs nearly met. <input type="checkbox"/>	Fully able to engage in work, school, and family life; children or family needs met. <input type="checkbox"/>

Well-Being

Category	Level 1	Level 2	Level 3	Level 4	Level 5
Physical & Mental Health	Not able to engage in work, school, and family life because of health and mental needs. <input type="checkbox"/>	Barely able to engage in work, school, and family life because of health and mental needs. <input type="checkbox"/>	Somewhat able to engage in work, school, and family life because of health and mental needs. <input type="checkbox"/>	Mostly able to engage in work, school, and family life; health and mental health needs nearly met. <input type="checkbox"/>	Fully able to engage in work, school, and family life; health and mental health needs met. <input type="checkbox"/>
Healthy Lifestyle	Little or no knowledge of a healthy lifestyle such as regular physical activity and eating nutritious foods. <input type="checkbox"/>	Some knowledge of a healthy lifestyle such as regular physical activity and eating nutritious foods. <input type="checkbox"/>	Some knowledge of a healthy lifestyle and trying to do regular physical activity or eat nutritious foods. <input type="checkbox"/>	Confident in knowledge of a healthy lifestyle and trying to do regular physical activity and eat nutritious foods. <input type="checkbox"/>	Regularly do physical activities and eat nutritious foods. <input type="checkbox"/>
Personal & Professional Networks	Can never rely on networks to provide useful advice, guidance, and support. <input type="checkbox"/>	Can rarely rely on networks to provide useful advice, guidance, and support. <input type="checkbox"/>	Can sometimes rely on networks to provide useful advice, guidance, and support. <input type="checkbox"/>	Can often rely on networks to provide useful advice, guidance, and support. <input type="checkbox"/>	Can always rely on networks to provide useful advice, guidance, and support; advocates for others. <input type="checkbox"/>
Community Resources Knowledge	No knowledge of community resources and do not access any. <input type="checkbox"/>	Little knowledge of community resources. Attempts to access any have not been successful. <input type="checkbox"/>	Some community resources knowledge, but need help to access them. <input type="checkbox"/>	Some community resources knowledge, and able to access them most times. <input type="checkbox"/>	Know community resources and how to access them when needed. <input type="checkbox"/>

Financial Management

Category	Level 1	Level 2	Level 3	Level 4	Level 5
Debts	Not addressing debts. <input type="checkbox"/>	Behind in payment of one or more debts. <input type="checkbox"/>	Paying minimum balances on all debts. <input type="checkbox"/>	Current in all debts and paying more than minimum balances on one or more debts. <input type="checkbox"/>	No debt other than mortgage, education, and/or car loans. Current in all debt. <input type="checkbox"/>
Savings	No savings yet <input type="checkbox"/>	Savings of less than one month's expenses. <input type="checkbox"/>	Savings of at least one month and up to 2 months' expenses. <input type="checkbox"/>	Savings of more than 2 months' expenses but less than 3 months' expenses. <input type="checkbox"/>	Savings of greater than 3 months' expenses. <input type="checkbox"/>

Education & Training

Category	Level 1	Level 2	Level 3	Level 4	Level 5	
Educational Attainment	Less than GED or high school diploma <input type="checkbox"/>	Taking GED prep or high school completion classes <input type="checkbox"/>	GED, high school, or High School 21 + complete <input type="checkbox"/>	Postsecondary job training or professional certificate complete. <input type="checkbox"/>	Associate degree or higher complete. <input type="checkbox"/>	Bachelor's degree or higher complete <input type="checkbox"/>

Employment & Career Management

Category	Level 1	Level 2	Level 3	Level 4	Level 5
Earnings Levels (2 parents 1 child)	No wage earnings currently. <input type="checkbox"/>	Job with earnings less than 33% of WA living wage (approximate income < \$18,345) <input type="checkbox"/>	Job with earnings of 33-65% of WA living wage (approximate income = \$18,345 - \$36,134) <input type="checkbox"/>	Job with earnings of 66-99% of WA living wage (approximate income = \$36,690-\$55,036) <input type="checkbox"/>	Job earning equal to or greater than WA living wage (approximate income ≥ \$55,592) <input type="checkbox"/>

*Staff also collect beginning and ending income and education levels. This information will be entered into ELMS.