

E-ALERT

From: [Denyse Guthrie](#)
To:
Cc:
Subject: E-ALERT: Excessive Heat Warning
Date: Monday, July 31, 2017 1:57:29 PM
Attachments:
Importance: High

ATTENTION All Early Learning Staff: Excessive Heat Warning

As most of you probably know, there has been an [excessive heat warning from the National Weather Service](#) for the Seattle/Tacoma area. It is in effect from tomorrow, August 1 at 2:00 PM until Friday, August 4 at 9:00 PM.

In consideration of this, please take appropriate precautions for the young children that we serve and yourselves as well. Consider altering the time for outdoor play to ensure children are not outdoors when the temperatures rise and make a plan for alternate activities. Be sure to have water readily available for self-service by children both indoors and outdoors - encouraging children to drink frequently.

Please review for yourselves and share the following resources with families (both of these websites include translated information/materials):

- **Tacoma-Pierce County Health Department:** [Excessive heat Health Information](#) (including Pierce County cooling centers where families can go to get out of the heat)
- **Seattle-King County Public Health:** [How to stay cool and safe](#); [Extreme Heat Guidance](#)

If you have any questions, please contact your Health/Nutrition/Safety Coach, Team Manager or any member of your site team.

Thank you,
Cheryl

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