

EDUCARE MENU

JANUARY, 2015

TODDLERS

DAY	BREAKFAST	LUNCH	PM SNACK	SNACK LATE
THURSDAY 1	NO	SCHOOL	NO	SCHOOL
FRIDAY 2	Kix Cereal, Peaches, Milk	Roasted Chicken, Banana, Applesauce, Rolls, Milk	Sun Butter, Ritz Crackers	Mand. Oranges, String Cheese
MONDAY 5	Cheerios, Mandarin Oranges, String Cheese, Milk	HM 3 Cheese Pizza w/ww Crust, Carrots, Banana, Milk	Ww Soft Pretzel, Hummus, Milk	Peaches(ac) Ritz Crackers
TUESDAY 6	Bagel/Cr. Cheese, Watermelon, Milk	Chicken Yakisoba w/Stir Fry Vegetables, Zucchini, Mango, Milk	Van. Yogurt Pears	Rice Cakes, Milk
WEDNESDAY 7	Cheese Quesadilla, Applesauce, Milk	Sl. Turkey, Sl. Cheese, Ww Bread, Green Beans, Mand. Oranges(c), Milk	Bread Sticks, Milk	Kix Cereal, Milk
THURSDAY 8	WG Eng. Muffin, Chicken Sausage Mand. Oranges, Milk	Soy/Vegetarian Burger, Sl. Cheese, WG Bun, Strawberries, Peas, Milk	Ww Tortilla, Sun Butter, Milk	Cottage Cheese, Mango, Milk
FRIDAY 9	NO	SCHOOL	NO	SCHOOL
MONDAY 12	Kix Cereal, String Cheese, Pears, Milk	Chicken Noodle Soup w/Potatoes & Mixed Vegetables, Applesauce, ww Crackers, Bananas, Milk	WG Soft Bread Sticks, Sun Butter, Milk	Cottage Cheese, Peaches(ac)
TUESDAY 13	Biscuits w/Jam, Eggs, Strawberries, Milk	Refried Beans, WG Tortillas, Peas(ac), Watermelon, (ac), Milk	Toast, Sl. Cheese, Water	Soft Pretzels, Milk
WEDNESDAY 14	Bran Muffin, Turkey Sausage, Mand Oranges, Milk	Chicken Salad, Pita Bread, Applesauce, Green Beans, Milk	Ritz Crackers, Milk	Goldfish Cr, Applesauce,
THURSDAY 15	Gram Crackers, Milk Yogurt, Mixed Berries(c)	Beef Slider Burgers, Sl. Cheese, Bun, Carrots, Banana, Milk	Kix Cereal, Milk	Boiled Egg, Peaches
FRIDAY 16	WW Eng. Muffin, Sun Butter, Applesauce, Milk	Cheesy Penne Pasta w/Marinara Sauce, Zucchini, Strawberries, Milk	Ww Crackers, Turkey Slice	Bagel, Cr. Cheese, Honeydew
MONDAY 19	NO	SCHOOL	NO	SCHOOL
TUESDAY 20	Kix Cereal, Bananas, Str. Cheese, Milk	Roasted Chicken Breast, WG Bun, Peas, Applesauce, Milk	Hummus, Pita Bread, Milk	Gram Cracker Milk
WEDNESDAY 21	French Toast, Turkey Sausage, Mix. Berries(c) Milk	HM Vegetable Chili w/Beans, Spinach Pears, WW Crackers, Milk	Applesauce, String Cheese	Cheerios, Milk
THURSDAY 22	Bagels, Cr. Cheese, Strawberries, Milk	Sun Butter & Jam Sandwich, Str. Cheese, Watermelon, Mango, Milk	Vanilla Yogurt Peaches(ac)	Bananas, WG Crackers, Milk
FRIDAY 23	Toast, Sun Butter, Mand. Oranges, Milk	3 Cheese Pizza w/WG Crust, Carrots, Applesauce, Milk	Goldfish Crackers, Milk	Pita Bread, Cottage Cheese
MONDAY 26	Kix Cereal, Banana, Str. Cheese, Milk	Tortilla Soup w/Chicken, Tomatoes Corn & Tortilla, Applesauce, Mango, Milk	Strawb. Yogurt Gr. Crackers	Bld. Egg, Mand. Oranges
TUESDAY 27	Wg Pancakes, Turkey Sausage, Blueberries, Milk	Chicken Nuggets, Peas, Strawberries, ww Roll, Milk	Mand. Oranges, Saltine Crackers, Milk	Bread, Sun Butter, Milk
WEDNESDAY 28	Biscuit, Eggs, Watermelon(c) Milk	Mixed Vegetables w/Chicken, Ww Crackers, Apricots(a,c), Milk	Jungle Crackers, Cott. Cheese, Milk	Goldfish Crackers, Milk
THURSDAY 29	Cheerios, Bld. Egg, Applesauce, Milk	HM Macaroni & Cheese, Mixed Vegetables(a), Pears(c), milk	Soft Pretzels, Sl. Turkey, Milk	Bagel, Cr. Cheese Milk
FRIDAY 30	Cheese Quesadilla, Pears, Milk	Chicken Fried Rice, Stir Fry Vegetables, Mango, Milk	Sun Butter, Toast, Milk	Ww Crackers, Peaches

"Toddlers up to age 2 years old are served whole milk. Toddlers 2 + year old are served 1% milk"