

3 Types of Racism

Individual Racism:

Pre-judgment, bias, or discrimination by an individual based on race.

Institutional Racism:

Policies, practices and procedures that work to the benefit of white people and to the detriment of people of color, often unintentionally or inadvertently.

Structural Racism:

A history and current reality of institutional racism across all institutions. This combines to create a system that negatively impacts communities of color.

